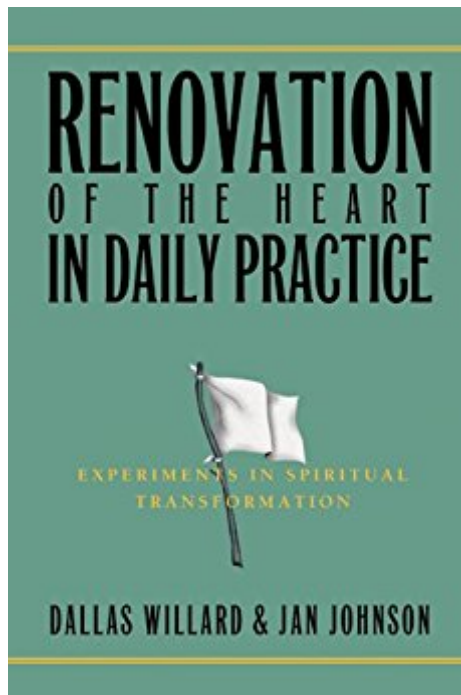


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# Renovation Of The Heart In Daily Practice: Experiments In Spiritual Transformation (Redefining Life)



## Synopsis

Jan Johnson guides you through 61 carefully chosen selections from renowned author Dallas Willard's best-selling book *Renovation of the Heart*. With each selection, you'll progress through Dr. Willard's plan for renovating the complete person. Each provocative reflection includes a thoughtful, meaty selection by Dallas Willard along with Jan's illuminating personal stories, plus suggestions for making the concepts come alive in your own experience.

## Book Information

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## Customer Reviews

Let me be clear about what it is that I'm reviewing. The book "Renovation of the Heart" is one of the best books I've ever read in my life. It should be rated very high and read by anyone serious about growing as a Christian. I can't say enough about how great that book is. However, this book about daily practice and experiments in spiritual transformation is quite the opposite. It has 61 chapters that more or less outline the original work by Willard. Each of the chapters does an OK job of sticking to the individual topics and ends with an "experiment" to help you apply what the chapter is talking about. These "experiments" are an absolute disappointment. They basically consist of questions that make you think or reflect on the topic. "Consider what it would look like for..." "reflect

on this," or "pretend that." You get the picture. I bought the book expecting some tangible action experiments but all I got were some relatively simple questions which are supposed to provoke deep thought. I gave this book 2 stars instead of 1 because it uses some of Willard's original material and could be useful as a simple devotional (the chapters are about 2 or 3 pages long). I would strongly recommend to anyone considering this companion book to stick to the original and wrestle through it, no matter how weighty it may be.

It's the way of our world, it seems, to never admit our ignorance, but I don't mind telling you that I'm not nearly smart enough for Dallas Willard. I read *The Divine Conspiracy* several years ago and thought it was great, but, frankly, much of his writing and thinking is over my head. That's why I love what NavPress did in creating *Renovation of the Heart in Daily Practice*. I read this book over the course of a few weeks, but I'll go back and use it as a daily devotional. That's its gift. Short chapters by Willard that end with brief comments and "experiments" written by Jan Johnson. With this format, I can take the time to think through and digest and internalize Willard's wonderful insights on how we go about conforming ourselves as followers of Jesus. This book might never leave my nightstand.

This is the single best book of its kind that I have encountered. Really, it has no peers, as far as I am aware. It is a book in the workbook/devotional genre in 61 lessons that seeks to present the basic content of Willard's well-known, "Renovation of the Heart," so as to provoke reflection and application in the formation of character and life of the reader. Each lesson is a brief, 2-3 pages in length so it can easily be used on a daily basis; however, one should not be in a hurry or on a schedule with this book. Generally, I do not find this style of book helpful but, as I say, for me this is one of a kind. Willard's material is always challenging. The thought experiments are good; much better than the perfunctory questions generally found in books of this sort. It doesn't take a whole lot of discipline to read the book day by day but to do the experiments with integrity makes it helpfully rigorous. My thought is that this would be a good book for a small group to gather around and work through together over the course of one year+. One will get much needed input for following Christ that you will almost never otherwise receive in a church.

Jan Johnson acts as the tour guide as she uses Willard's "Renovation of the Heart" to transport us on a soul searching journey. I have personally been touched as I meditate on the thought provoking devotionals. A must have for those who find Willard a compelling read.

Excellent book - the language is easier to comprehend than the original book. There are varied daily exercises that work with my personality. Some are more "to do" and others are more "to contemplate" - but all the exercises draw you closer to God and maturity. I recommend all of Jan Johnson's study materials.

I can't say enough good things about this book! I use this as my primary discipleship book with men. I'm currently using it in 2 different men's groups and everyone unanimously loves it. It's finally a study book with real meat, real challenges, and causes you to question many of the things you've assumed (incorrectly) in life. I would highly recommend someone leading a group through this book be familiar with Dallas Willard's, *The Divine Conspiracy*, as some of the concepts are further developed in that book.

While nearly any 'sequel like' book or film suffers from unrealistic expectations from readers and viewers, "Renovation of the Heart in Daily Practice" manages to avoid the trap of attempting to outperform or somehow reinvent the original. Jan Johnson delivers what is promised: a genuinely stirring guide to daily contemplation of the memorable lessons from "Renovation of the Heart" by Dallas Willard. This is not a quick read. It is more a gently guided tour through a meandering river in a pastoral setting followed by the thrill of finding the source of such beautiful waters.

I listened to *Renovation of the Heart* on CD and it kicked my butt! I so wanted to just be able to take it line by line or paragraph by paragraph and figure out, "what now? How do I DO this?" This book was exactly what I was looking for and it has not disappointed. It has been my devotional reading for the last couple of months, allowing me to remember some of the most powerful passages from Willard's book and really dwell on practical things to try to incorporate them into my day. Challenging in a good way.

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Heart Health: Heart Healthy Cookbook: 30 Quick & Easy, Heart Healthy Greek Recipes For Smart Heart

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